

# WHAT IS TEASING?

1. What is teasing?

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2. Have you ever been teased, made fun of, or insulted?

Please circle your answer.

Yes      No

3. What have you been teased about?

Please circle all that apply.

what you do

what you think

what you believe

what you have

what you don't have

what you wear

what you like

what you don't like

what you say

what you eat

how you eat

how you act

how you look

how you feel

how you perform in school

how you draw

how you sing

how you play

how you kick a ball

how you throw a ball

how you catch a ball

how you jump rope

how you talk

how you walk

how you run

how you learn

if you are overweight

if you are underweight

if you are tall

if you are short

if your teeth are not straight

if you wear braces

if you wear glasses

if you wear hearing aids  
if you take medication  
if you have allergies  
if you have a scar  
if you are the oldest in class  
if you are the youngest in the class  
if you are smart  
if you are not smart  
if you read a lot of books  
if you don't know how to read  
if your parents are divorced  
if a family member has died  
if you have a single parent  
your hair  
your toys  
your clothes  
your name  
your habits  
your mother  
your father  
your sisters  
your brothers  
your friends  
your opinions  
your culture  
your race  
your religion  
your gender  
a learning disability  
a physical disability  
any difference  
other \_\_\_\_\_

4. How often are you teased? Please circle your answer.

- Every day
- Several times a day
- Several times a week
- Maybe once a week
- Rarely

5. Where does the teasing take place?

Circle the place or places where you have been teased.

In the classroom

- In gym class
- The locker area
- At lunch

- On the playground
- On the school bus
- On the way to school
- On the way home from school
- In the neighborhood
- In the bathroom
- On the telephone
- E-mail
- Other places \_\_\_\_\_
- \_\_\_\_\_

6. What age is the teaser? Circle your answer.

- Your age
- Older than you
- Younger than you

7. Do you consider the teaser to be your friend?

Circle your answer.

- Yes
- No
- Sometimes
- I don't know.

8. Does the person who teases you tease other kids?

Circle your answer.

- Yes
- No
- I don't know.

9. How do you feel when you are teased, put-down, or insulted?

Circle all the feelings that you experience in teasing situations.

- Upset
- Sad
- Angry
- Frustrated
- Helpless
- Embarrassed
- Scared
- Guilty
- Hurt
- Afraid
- Stressed
- Excluded
- It does not bother me.

10. What do you say or do when you are teased?

Circle the way or ways you react to teasing.

Yell or scream at the teaser

Hit the teaser

Tease the teaser

Argue with the teaser

Cry

Ignore the teaser

Tell an adult

Other responses or reactions: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

11. What do you do when you observe or witness someone being teased?

Join the teaser

Nothing

Confront the teaser

Support the person who is teased

Tell an adult

Other \_\_\_\_\_